

JCTC GO GREEN PLEDGE

I WANT TO BE PART OF THE SOLUTION! THIS YEAR I PLEDGE TO:

BE AN ENERGY STAR!

or the broken strike.
Walk, bike, take the TARC bus or carpool to campus whenever possible. (see reverse) Turn lights and equipment off when vacating a room. Unplug chargers & equipment not in use. Set thermostats moderately (<70°F winter / >75°F summer) & adjust 10°F when vacating a room. Set my computer to "hibernate" or "sleep" when idle (under Control Panel > Power Options). Replace incandescent light bulbs with more efficient compact fluorescent lamps (CFL). Purchase only efficient Energy Star® rated appliances, electronics & computers. Use a clothesline instead of energy hogging clothes dryers.
REDUCE SOLID WASTE!
Cut my paper use in half by duplexing – printing or copying on both sides. Avoid excess packaging by bringing my own bags and buying in bulk whenever possible. At the checkout, I'll refuse new plastic or paper bags and bring my own reusable shopping bags. At mealtimes, I'll use reusable mugs, cups, utensils, cloth napkins and towels rather than disposables Switch to rechargeable batteries rather than toxic disposables. Not print e-mails or other documents unless it's truly necessary. Buy pre-owned items whenever possible or new items with post-consumer recycled content. Donate unwanted items to charities, thrift stores, or non-profit organizations; or have a yard sale! Recycle computers, TVs, E-waste (Home Depot recycles CFLs) Recycle hazardous materials (paints, solvents, chemicals, fluorescents, etc.) Recycle paper, cardboard, plastic, metal, and glass
EAT BETTER FOOD!
Eat locally grown produce, dairy, or meat/ locally made foods, for better health & a strong economy. Eat less meat & animal products, substituting with plant protein (beans, nuts, etc.) to cut my impact 10x.
Buy organic, fair trade & plant-based products to minimize abuse to the environment, people and animals.
CONSERVE WATER!
Not run water unnecessarily while brushing my teeth, shaving, or washing dishes. Replace my water fixtures with low-flow shower heads, faucets and/or toilets.

Take this with you as a reminder!

Questions:
Maggie Peake, Sustainability Coordinator
502.213.2113
maggie.peake@kctcs.edu

